



The Children's Center
Where it all begins

Breakfast Menu- PS & K8

(Receives a whole piece of fruit)

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
Toasted Oats* Diced Peaches 1% Milk				Grits Hawaiian Fruit Salad 1% Milk				Corn Flakes Pineapple 1% Milk				Egg & Turkey Sausage Taco Melon Mix WG Soft Flour Tortilla* 1% Milk				Cinnamon Brown Sugar Oatmeal* Apple 1% Milk			
1/8	2/5	3/5		1/9	2/6	3/6		1/10	2/7	3/7		1/11	2/8	3/8		1/12	2/9	3/9	
Corn Puffs Diced Pears 1% Milk				WG Pancakes* ~ Syrup Pineapple 1% Milk				Rice Krispies Honeydew 1% Milk				Oatmeal Cantaloupe 1% Milk				WG Bagel* Grape Jelly Pineapple 1% Milk			
1/15 (closed)	2/12	3/12		1/16	2/13	3/13		1/17	2/14	3/14		1/18	2/15	3/15		1/19	2/16	3/16	
Toasted Oats* Tropical Fruit 1% Milk				Oatmeal Cantaloupe 1% Milk				WG French Toast ~ Syrup Melon Mix 1% Milk				WG Pancakes* ~ Syrup Pineapple 1% Milk				Grits Apple 1% Milk			
1/22	2/19 (closed)	3/19		1/23	2/20	3/20		1/24	2/21	3/21		1/25	2/22	3/22		1/26	2/23	3/23	
English Muffin Strawberry Preserves Diced Pineapple 1% Milk				Corn Puffs Honeydew 1% Milk				Grits Cantaloupe 1% Milk				Cinnamon Brown Sugar Oatmeal* Hawaiian Fruit Salad 1% Milk				WG French Toast ~ Syrup Orange 1% Milk			

(*) Denotes item is whole grain
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1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
Toasted Oats* Diced Peaches Whole Milk				Grits Hawaiian Fruit Salad Whole Milk				Corn Flakes Pineapple Whole Milk				Egg & Turkey Sausage Taco Tropical Fruit WG Soft Flour Tortilla* Whole Milk				Cinnamon Brown Sugar Oatmeal* Applesauce Whole Milk			
1/8	2/5	3/5		1/9	2/6	3/6		1/10	2/7	3/7		1/11	2/8	3/8		1/12	2/9	3/9	
Corn Puffs Diced Pears Whole Milk				WG Pancakes* ~ Syrup Pineapple Whole Milk				Rice Krispies Honeydew Whole Milk				Oatmeal Cantaloupe Whole Milk				WG Bagel* Grape Jelly Pineapple Whole Milk			
1/15 (closed)	2/12	3/12		1/16	2/13	3/13		1/17	2/14	3/14		1/18	2/15	3/15		1/19	2/16	3/16	
Toasted Oats* Tropical Fruit Whole Milk				Oatmeal Cantaloupe Whole Milk				WG French Toast ~ Syrup Melon Mix Whole Milk				WG Pancakes* ~ Syrup Pineapple Whole Milk				Grits Diced Peaches Whole Milk			
1/22	2/19 (closed)	3/19		1/23	2/20	3/20		1/24	2/21	3/21		1/25	2/22	3/22		1/26	2/23	3/23	
English Muffin Strawberry Preserves Diced Pineapple Whole Milk				Corn Puffs Honeydew Whole Milk				Grits Cantaloupe Whole Milk				Cinnamon Brown Sugar Oatmeal* Hawaiian Fruit Salad Whole Milk				WG French Toast ~ Syrup Diced Pears Whole Milk			

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MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
BBQ Chicken Diced Sweet Potatoes Green Beans Apple WG House-Made Dinner Roll* 1% Milk				Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Vegetable Blend Banana WG Soft Flour Tortilla* 1% Milk				Macaroni & Cheese Diced Carrots Cauliflower Diced Pears WG House-Made Bread* 1% Milk				Italian Style Chicken Parmesan Seasoned Potatoes Broccoli Orange WG House-Made Bread* 1% Milk				Spaghetti & Meatballs in Marinara Sauce 3 Way Vegetables Green Peas Melon Mix WG House-Made Bread* 1% Milk			
1/8 2/5 3/5				1/9 2/6 3/6				1/10 2/7 3/7				1/11 2/8 3/8				1/12 2/9 3/9			
Swedish Meatballs Mashed Potatoes Broccoli Orange WG House-Made Dinner Roll* 1% Milk				Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Peas & Carrots Banana WG Soft Flour Tortilla* 1% Milk				Chicken & Rice Bake Diced Carrots Green Beans Pineapple WG House-Made Bread* 1% Milk				Beef Chili** Rotini Pasta Winter Blend Vegetables Cauliflower Apple WG House-Made Corn Bread* 1% Milk				Shells & Cheese Broccoli Diced Carrots Diced Pears WG House-Made Bread* 1% Milk			
1/15 (closed) 2/12 3/12				1/16 2/13 3/13				1/17 2/14 3/14				1/18 2/15 3/15				1/19 2/16 3/16			
Chicken Cacciatore Steamed White Rice Cauliflower QC Vegetable Blend Apple WG House-Made Dinner Roll* 1% Milk				Beef Nachos Shredded Lettuce Shredded Cheddar Cheese Sour Cream Spanish Brown Rice* Winter Blend Vegetables Green Beans Banana Corn Tortilla Chips 1% Milk				Meatball Marinara Rotini Pasta Corn Broccoli Diced Pears WG House-Made Bread* 1% Milk				Parmesan Noodles & Chicken Cauliflower Diced Carrots Orange WG House-Made Bread* 1% Milk				Cheese Pizza Green Beans 3 Way Vegetables Diced Peaches WG House-Made Bread* 1% Milk			
1/22 2/19 (closed) 3/19				1/23 2/20 3/20				1/24 2/21 3/21				1/25 2/22 3/22				1/26 2/23 3/23			
Chicken Fried Rice 3 Way Vegetables Green Peas Orange WG House-Made Dinner Roll* 1% Milk				BBQ Meatballs Diced Sweet Potatoes Corn Banana WG House-Made Bread* 1% Milk				Chicken Marinara Rotini Pasta Diced Carrots Cauliflower Diced Peaches WG House-Made Bread* 1% Milk				Turkey & Cheese Wrap Shredded Lettuce Green Beans Peas & Carrots Apple WG Soft Flour Tortilla* 1% Milk				Sloppy Joe Broccoli Vegetable Blend Pineapple WG Mini Hamburger Bun* 1% Milk			

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

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1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
BBQ Chicken Diced Sweet Potatoes Green Beans Pineapple WG House-Made Dinner Roll* Whole Milk				Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans QC Vegetable Blend Banana WG Soft Flour Tortilla* Whole Milk				Macaroni & Cheese Diced Carrots Cauliflower Diced Pears WG House-Made Bread* Whole Milk				Italian Style Chicken Parmesan Seasoned Potatoes Broccoli Diced Mandarin Oranges WG House-Made Bread* Whole Milk				Spaghetti & Meatballs in Marinara Sauce 3 Way Vegetables Green Peas Melon Mix WG House-Made Bread* Whole Milk			
1/8 2/5 3/5				1/9 2/6 3/6				1/10 2/7 3/7				1/11 2/8 3/8				1/12 2/9 3/9			
Swedish Meatballs Mashed Potatoes Broccoli Dice Peaches WG House-Made Dinner Roll* Whole Milk				Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Peas & Carrots Banana WG Soft Flour Tortilla* Whole Milk				Chicken & Rice Bake Diced Carrots Green Beans Diced Pineapple WG House-Made Bread* Whole Milk				Beef Chili** Rotini Pasta Winter Blend Vegetables Cauliflower Apple Sauce WG House-Made Corn Bread* Whole Milk				Shells & Cheese Broccoli Diced Carrots Diced Pears WG House-Made Bread* Whole Milk			
1/15 (closed) 2/12 3/12				1/16 2/13 3/13				1/17 2/14 3/14				1/18 2/15 3/15				1/19 2/16 3/16			
Chicken Cacciatore Steamed White Rice Cauliflower QC Vegetable Blend Apple Sauce WG House-Made Dinner Roll* Whole Milk				Beef Nachos Shredded Lettuce Shredded Cheddar Cheese Sour Cream Spanish Brown Rice* Winter Blend Vegetables Green Beans Banana WG Soft Flour Tortilla* Whole Milk				Meatball Marinara Rotini Pasta Broccoli Peas & Carrots Diced Pears WG House-Made Bread* Whole Milk				Parmesan Noodles & Chicken Diced Carrots Cauliflower Cinnamon Applesauce WG House-Made Bread* Whole Milk				Macaroni & Cheese Green Beans 3 Way Vegetables Diced Peaches WG House-Made Bread* Whole Milk			
1/22 2/19 (closed) 3/19				1/23 2/20 3/20				1/24 2/21 3/21				1/25 2/22 3/22				1/26 2/23 3/23			
Chicken Fried Rice 3 Way Vegetables Broccoli Diced Mandarin Oranges WG House-Made Dinner Roll* Whole Milk				BBQ Meatballs Diced Sweet Potatoes Winter Blend Vegetables Banana WG House-Made Bread* Whole Milk				Chicken Marinara Rotini Pasta Diced Carrots Cauliflower Diced Peaches WG House-Made Bread* Whole Milk				Turkey & Cheese Wrap ~ Mustard Shredded Lettuce Green Beans Peas & Carrots Cantaloupe WG Soft Flour Tortilla* Whole Milk				Sloppy Joe Broccoli Oc Vegetable Blend Pineapple WG Mini Hamburger Bun* Whole Milk			

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1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
Diced Mozzarella Cheese Ritz Crackers				Animal Crackers Watermelon				Vanilla Yogurt Pear				Graham Crackers Cantaloupe				Goldfish Banana			
1/8	2/5	3/5		1/9	2/6	3/6		1/10	2/7	3/7		1/11	2/8	3/8		1/12	2/9	3/9	
Cheez-its Watermelon				Diced American Cheese Saltine Crackers				Goldfish Orange				Strawberry Yogurt Banana				Ritz Crackers Pear			
1/15 (closed)	2/12	3/12		1/16	2/13	3/13		1/17	2/14	3/14		1/18	2/15	3/15		1/19	2/16	3/16	
Animal Crackers Honeydew				Vanilla Yogurt Cinnamon Granola*				Sliced Turkey Mustard WG Bread*				Goldfish Banana				Diced Mozzarella Cheese Melon Mix			
1/22	2/19 (closed)	3/19		1/23	2/20	3/20		1/24	2/21	3/21		1/25	2/22	3/22		1/26	2/23	3/23	
Cheez-its Cantaloupe				Graham Crackers Pineapple				Ritz Crackers Orange				Goldfish Honeydew				Strawberry Yogurt Banana			

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1/1 (closed)	1/29	2/26	3/26	1/2	1/30	2/27	3/27	1/3	1/31	2/28	3/28	1/4	2/1	3/1	3/29	1/5	2/2	3/2	3/30
Sliced American Cheese Ritz Crackers				Animal Crackers Watermelon				Vanilla Yogurt Banana				Graham Crackers Cantaloupe				Gold Fish Banana			
1/8	2/5	3/5		1/9	2/6	3/6		1/10	2/7	3/7		1/11	2/8	3/8		1/12	2/9	3/9	
Cheez-its Watermelon				Sliced American Cheese Saltine Crackers				Goldfish Diced Peaches				Strawberry Yogurt Banana				Ritz Crackers Applesauce			
1/15 (closed)	2/12	3/12		1/16	2/13	3/13		1/17	2/14	3/14		1/18	2/15	3/15		1/19	2/16	3/16	
Animal Crackers Honeydew				Vanilla Yogurt Diced Pears				Sliced Turkey Mustard WG Bread*				Goldfish Banana				Sliced American Cheese Melon Mix			
1/22	2/19 (closed)	3/19		1/23	2/20	3/20		1/24	2/21	3/21		1/25	2/22	3/22		1/26	2/23	3/23	
Cheez-its Cantaloupe				Graham Crackers Pineapple				Ritz Crackers Diced Peaches				Goldfish Honeydew				Strawberry Yogurt Banana			

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