12803 S Halsted Street • Chicago, IL 60628 • (773) 264-5171 (O) • (773) 264-9655 (F) • Ms. Libby (773) 717-7555 • Ms. Ros (773) 960-4776

WE to our team!

Ms. Lolita Flowers— Teacher

Ms. Brittany Burns— Teacher

Make the Connection!

<u>ChildrensCenterChicago.org</u> Keep up with important school information, deadlines, school closings and more!

Medical Compliance -

Your child's Physical,
Dentals and
Immunizations must
be updated and
current prior to
returning to school in
the Fall.

Please return the updated information to Ms. Brown

The way to get started is to quit talking and begin doing.

Teacher Appreciation Week!

Thank you for all the gifts, words of encouragements snacks and surprises during teacher appreciation week! We truly appreciated all the love.

No Limits Summer Camp—Sign Up Today !!!

Looking for something new this summer? Tired of the same old Park District and Day Camp summer programs? Then the Children's Center have just what you're looking for. Sign up for the No Limits Performing Arts & Fitness Summer Camp! The program is for children 6yrs -13yrs of age. A program where your child will learn while having fun! The program will run Monday-Friday, 8a - 4p, June 26th - August 18th. The fee for the entire summer is \$500 (cash paying parents only!!). Before and After camp available for a small fee (6-8a and 4p-6p). A \$100 non-refundable deposit is due by Friday, May 26th. Parents must sign-up their children to participate in the summer program. Action for Children accepted. SPACE IS LIMITED, SO RESERVE YOUR SPACE NOW! If you have any questions, please see the main office or call (773) 264-5171.

Have you reserved your spot for the Fall yet! Remember the Children's Center goes year round, So if your child is going to be out for the Summer, please inform the office to reserve your spot for the Fall.

Awards & Graduation Ceremony

Our end of the year Graduation & Awards Ceremony will be held Thursday, June 8th from 5:30pm—7:30pm at the M-Star Hotel located 12808 S. Ashland, Calumet Park, IL 60827. Ceremony fees are \$60.00 for all graduates. Graduation fees cover rental cost, refreshments, class trip, Graduation Caps & Tassels and printing fees. Our Kindergarten and 3rd grade students will be our 2017 graduates! We will also conduct our End of the Year Awards Ceremony. Children ages 1yr and up will be awarded certificates for their accomplishments throughout the school year. This is an open seat event, there are no tickets. Thank you in advance for your support and participation. This will be our 4 o'clock pick-up day! Late fees apply at 4:01pm

End of the Year Party!

The end of the year party will be held Friday, June 16th. Parent's are asked to see your child's teacher pertaining to items needed in order to make the party a success.



Important Information! The Mom Prom Has Been Rescheduled Get Your Tickets Now!

Help us create a night to remember for you and your son. Saturday, July 15, 2017, the Children's Center, Inc. will be hosting their 1st Mom Prom. This event will be held at the M-Star Hotel, 12808 S. Ashland, Calumet Park, IL 60827. Filled with fun, food and prizes, this is an event that you don't want to miss. Tickets are **\$40 per family** and can be purchased in the main office. Please see the office if you have

additional questions.

Walt Disney

What's Happening Next.... June 2017 HEALTH & SAFETY (Cont.)

Date	Event
8	4:00 pick-up! End of the Year, All Class Awards and Graduation Cer- emony. 5:30—7:30pm, M-Star Hotel
16	End of the School Year Party
16	End of the 4th quarter
20	Last Day of School
22	Parent Meeting—5:00pm
26	No Limits Summer Camp Begins
July 4	School Closed - Independence Day
15	Mom Prom! Buy your tickets today!

EDUCATION:

Read together every day and talk about the

Point to words as you read them aloud, especially words that are repeated.

Point out and name letters in alphabet books. Read rhyming books. Encourage children to

give the last word in a rhyme.

NUTRITION:

Following are some basic guidelines that can help you encourage your child to eat right and maintain a healthy weight:

Control the supply lines. You decide what foods to buy and when to serve them.

From the foods you offer, children choose what they eat or whether to eat at all.

Quit the "clean-plate club." Let your child stop eating when feeling he/she has had enough. When children have and respond to feelings of fullness, they are less likely to overeat.

Soda and other sweetened drinks add extra calories and get in the way of good nutrition. Water and milk are the best drinks for children. Juice is fine when it's 100%, but children don't need much of it ... 4 to 6 ounces a day is enough for preschoolers.

HEALTH & SAFETY:

Health: Why is childhood obesity considered a health problem?

Doctors and scientists are concerned about the rise of obesity in childhood and youth because obesity may lead to the following health problems:

HEALTH & SAFETY (Cont.):

Heart disease caused by: High cholesterol and/or high blood pressure

Type 2 diabetes

Asthma

Sleep apnea

Social discrimination

Safety: Keeping children safe is an important job for parents. You want your child to respect and trust others, but you also need to teach your child to be careful. Following are some simple rules and ways that you can start a conversation with your child about different safety issues -

If you aren't sure, ask me.

If an adult asks you to do something that you are not sure is okay, always ask me first." I won't get mad at you for asking."

No secrets.

Certain body parts are private.

If we get separated, find a security guard or police officer.

When you take your child to a crowded place, look around and point out the person who is there to help if you do become separated

Recipe of the Month MINI PEPPERONI PIZZA WAFFLES

Ingredients

8 frozen homestyle waffles (4 inch), toasted

1 can (8oz each)

Hunt's® Tomato Sauce with Basil, Garlic and Oregano

1 cup shredded part-skim mozzarella cheese

3/4 cup mini pepperoni slices

Directions:

Preheat oven to 400°F. Place wire rack in large shallow baking pan. Place toasted waffles on rack. Spread tomato sauce over waffles; sprinkle evenly with cheese and pepperoni.

Bake 10 minutes or until waffles are crisp and cheese melts.

Black History Facts 365

June 13, 1967

Thurgood Marshall, U.S. solicitor general, named to the Supreme Court by President Johnson. He was confirmed by the Senate on August 30 and became the first Black Supreme Court justice.

June 11, 1967

Nelson Mandela sentenced to life imprisonment for allegedly attempting to sabotage the white South African government.

June 18, 1999

In 1942, the U.S. Navy commissions its first black officer, Harvard University medical student Bernard Whitfield Robinson.

June 12, 1991

Michael Jordan lead Chicago Bulls in win over L.A. Lakers in five games to capture his first NBA Championship.

Happy Birthday

Bailey Alston Kayden Anderson Eddie R Beckom Jr.,

> Amari Diffay Londyn Gaines

Malaki Jackson Amber Little Amiya Means Jerome Moore **Trinity Morris**

Karson Giles Alayna M Gladney George E Gordon III Jacob Hallom Olivia Ilenikhena,

James Nunn Arianna Smith Jordan E Smoot Jayden J Watkins Deron Williams Jason Wise

Staff Birthday's



Germaine Vaughn —6/9 Lolita Flowers —6/25

where it all begins...