12803 S Halsted Street • Chicago, IL 60628 • (773) 264-5171 (O) • (773) 264-9655 (F) • Ms. Libby (773) 717-7555 • Ms. Ros (773) 960-4776

WE to our team!

Ms. Charnique Edwards - Teacher

Mr. Byron Bell -Teacher

Make the Connection!

ChildrensCenterChicago.org
Keep up with important school
information, deadlines, school
closings and more!

CHILDREN'S CENTER PLEDGE

I am a Children's Center scholar.

I pledge to do my best.

I pledge to show the world that my destiny is success.

I pledge to be responsible for every task given to me.

I pledge to be respectful and carry myself with dignity.
I pledge to take pride in

everything I do and to be a reflection of the school's motto so that I may empower

others, too.

Be Respectful,

Be Responsible,

Be Your BEST!

The best preparation for tomorrow is doing your best today.

H. Jackson Brown, Jr.

Spring Break!

This year Spring Break is April 10th - April 14th Please make a note that the Academy will be closed to all school aged children. Spring Break hours for daycare children will be from 6:00 am - 4:00 pm. Parents who are in need of child care for that week are asked to sign up in the main office by April 5th. Children who have OUTSTANDING BALANCES and who are not signed up for that week, will not be able to attend.

No Limits Summer Camp—Sign Up Today !!!

Looking for something new this summer? Tired of the same old Park District and Day Camp summer programs? Then the Children's Center have just what you're looking for. Sign up for the No Limits Performing Arts & Fitness Summer Camp! The program is for children 6yrs -13yrs of age. A program where your child will learn while having fun! The program will run Monday-Friday, 8a - 4p, June 26th - August 18th. The fee for the entire summer is \$500 (cash paying parents only!!). Before and After camp available for a small fee (6-8a and 4p-6p). A \$100 non-refundable deposit is due by Friday, May 26th. Parents must sign-up their children to participate in the summer program. Action for Children accepted. SPACE IS LIMITED, SO RESERVE YOUR SPACE NOW! If you have any questions, please see the main office or call (773) 264-5171.

Spring Fundraiser

Our Spring Fundraiser will begin Monday, April 3rd and end Monday, April 17th. This years Spring Fundraiser will be the Aspire Fundraising if you haven't already received your packet please pick on up at the main office. Products will be delivered in May.

Awards & Graduation Ceremony

Our end of the year Graduation & Awards Ceremony will be held Thursday, June 8th from 5:30pm—7:30pm the location will be announced at a later date. Ceremony fees are \$60.00 for all graduates. Graduation fees cover rental cost, refreshments, class trip, Graduation Caps & Tassels and printing fees. Our Kindergarten and 3rd grade students will be our 2017 graduates! We will also conduct our End of the Year Awards Ceremony. Children ages 1yr and up will be awarded certificates for their accomplishments throughout the school year. This is an open seat event, there are no tickets. Thank you in advance for your support and participation.

Reports Cards

Report cards will be available for pickup between 3 & 4pm on April 21st. All fees including registration fees, co-payments, and weekly tuition must be current before report cards are released. .

* myprocare

The Children's Center is pleased to offer **MyProcare**, a free online portal for you to access account information and easily pay tuition. **MyProcare** is safe, secure and created with your convenience in mind. Emails will be sent out on April 5th. If you do not receive an email please check your junk mail or update your email information in the main office.



Get Your Tickets Now!

Help us create a night to remember for you and your son. Saturday, May 20, 2017, the

Children's Center, Inc. will be hosting their 1st Mom Prom. Filled with fun, food and prizes, this is an event that you don't want to miss. Tickets are \$25 per family and can be purchased in the main office. Please see the office if you have additional questions.

What's Happening Next.... April 2017 NUTRITION:

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Date	Event
3-17	Spring Fundraiser begins!
8	Spring Breakfast Egg-travaganza
10-14	SPRING BREAK—You must sign- up and have an approval to attend.
18	Pizza Party Money Due! \$5.00
20	Staff development: Early Pick-up 4:30pm
21	Pizza Party / Report Card Pickup
24-28	School Spirit Week Mixed Up Monday Twin Tuesday Backward Wednesday Team Spirit Thursday Pajama Friday
27	Parent Meeting beginning at 5pm. Refreshments will be served.

HEALTH & SAFETY

10 signs that your child has allergies, not a cold

Because the symptoms of nasal allergies are much like cold symptoms - runny nose, watery eyes, cough, nasal congestion, sneezing - it can be tough to tell the difference. There are some telltale signs of allergies, though.

Ask yourself the following questions:

- Does it seem like your child always has a cold? Colds usually wind down in a week to ten days; allergies don't.
- Is your child's nose continually stuffy or running?
- Is she constantly wiggling, wiping, or pushing her nose up in what doctors call the allergic salute?
- Is the mucus that drains from her nose clear and thin (as opposed to yellow or greenish and thick)?
- Does she seem to sneeze a lot?
- Are her eyes itchy, red, and watery?
- Does the skin under her eyes look dark or purple or blue - what doctors call allergic shiners?
- Does she breathe through her mouth?
- Does she have a persistent dry cough?
- Is her skin irritated or broken out in an itchy red rash?

If you answered yes to one or more of these questions, there's a good chance your child is allergic to something in her environment.

Is Your Child Over-Caffeinated?

Help your child limit caffeine. If your child acts jittery or anxious, or has trouble sleeping, reducing caffeine intake is a smart idea. Because coffee, tea, and soft drinks contribute more caffeine to the diet than other foods and beverages, limiting these beverages is a good place to start. If it's energy your child is seeking, getting to bed earlier or taking s short nap is more productive than consuming caffeine which offers perk for a short time but then may interfere with sleep later than evening.

EDUCATION:

Getting the Most Out of Parent-Teacher Conferences

Recommendation:

Have an open-mind

If your child is having problems, whether it is academic, behavioral, or social, you and your child's teacher both want the same, a positive outcome

Do ask questions, but also listen. The conference is an important time to work together for an honest assessment of your child's progress and developing a realistic action plan.

Job/Training Opportunities

Chicago Cook Workforce Partnership Offers FREE Job Training, Placement for those looking for a new career www.workforceboard.org

Recipe of the Month:

Strawberry-Banana Smoothie

Makes 2 servings Ingredients:

- 1 cup plain low-fat yogurt
- 1 overripe banana, sliced and frozen 6 strawberries, stem and core removed
- 1 tablespoon frozen orange juice concentrate 3 tablespoons water

Directions: Put the yogurt, banana, strawberries, orange juice concentrate, and water in the blender. Place the top on tightly.

Blend on medium speed until the mixture is very smooth. Serve right away, or store in the fridge or a thermos.

For this recipe and others, check out the Let's Move website: http://www.letsmove.gov/

Cal: 134, Total fat: 2g, Sat fat: 1 g, Sodium 90mg, Total Carb: 22g, Fiber 2g, Sugar: 15g, Protein: 8g

Black History Facts 365

April 2, 1984

Coach John Thompson of Georgetown University becomes the first Black coach to win the NCAA basketball tournament.

April 11, 1988

Willie D. Burton becomes the first African American to win the Oscar for sound, for the movie Bird.

April 13, 1997

Eldrick Tiger Woods wins the 61st Masters Tournament in Augustus, Georgia at the age of 21 becoming the youngest person to ever win this tournament.

April 21, 1986

Michael Jordan set NBA playoff scoring record.

April 24, 1972

James M. Rodger, Jr. first African American to be named National Teacher of the Year is honored at a White House ceremony.

lappy Birthday

Azaria K Bell Caius Davis **Israel Dordies** King Vidal Elem

> Jerome Florence Zariah Hicks Sari'ah Matthews

Mar'laya Pinkerton Savannah S Rowlen **Chris Paytes** Hailey Evans

Evan Parker

Staff Birthday's

Byron D Bell **Ena Humphries**



where it all begins...